

April 2026

Daily Activities to Strengthen Your Family
#PinwheelsofPossibility

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Tell a funny joke to your family	2 Celebrate national burrito day for dinner	3 Have a family game night	4 Pick some dandelions and make a flower crown
5 Plan a family themed dinner night	6 Look at the clouds then use cotton balls to make cloud art	7 Search for a four-leaf clover	8 Find a rock and hide it at a local park	9 Fly a kite	10 WEAR BLUE to support CAP Month!	11 Visit a local museum
12 Play hide in seek inside or outside	13 Draw a picture of your favorite animal	14 Play catch or some other fun outside games	15 Decorate a flowerpot and plant some flowers	16 Blow bubbles outside	17 Have a picnic at the park	18 Go camping in your backyard
19 Visit your local library for a story time	20 Bake your favorite dessert	21 Write a note to a friend and deliver it	22 Go on a scavenger hunt	23 Find a new trail and go on a bike ride	24 Have a family movie night	25 Visit a local or virtual zoo
26 Make pinwheels and plant them in your yard	27 Have a craft day	28 Find a fun puzzle and work on it as a family	29 Play music and have a family dance party	30 Build a fort and read a book together		