



1-800-CHILDREN

Supporting Parents

Powered by Kansas Children's Service League

Why is there spit-up everywhere?

What's this thing called balance I hear other dads talking about?

How do I help my kid deal with the world's meanest third grader?

How much tummy time is too much tummy time?

Where can I find more parent friends?

Is screen time bad for my kid? How about for me?

Should he be potty trained by now?

HOW THE HECK DO YOU GET YOUR BABY TO SLEEP THROUGH THE NIGHT?!

What is cradle cap and what makes it go away?

Will my teenager ever think I'm cool again?

Is green poop normal? OK, what about yellow poop?



When it comes to raising your child, no question is off limits.

Get judgment-free parenting support 24/7 in English and Spanish as well as multiple other languages.



Call 1-800-CHILDREN.
(or 1-800-332-6378)



Text or email
1800CHILDREN@kcsll.org.



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