



Parent Helpline

1-800-CHILDREN

BECAUSE KIDS DON'T COME WITH INSTRUCTIONS.

The Parent Helpline is a free, anonymous information and referral service. It's a voice on the other end of the line who can empathize with what you are going through. It's a trained person who will listen and offer support to help you with simple questions or complex situations. The Helpline is ready to help parents and youth through many situations. There's no question too small or problem too big. The Helpline is available 24 hours a day, seven days a week and can refer you to services anywhere in Kansas. Call the Parent Helpline whenever you have a question or problem or when you feel frustrated, upset or confused.

WHO CALLS THE PARENT HELPLINE?

- Parents with children of all ages
- Teens
- Anyone who needs advice/support relating to children
- Relatives/Caregivers
- Professional social workers and counselors

WHO ANSWERS THE PARENT HELPLINE?

Staff members and trained volunteers of the Kansas Children's Service League answer the Parent Helpline - 24 hours a day, seven days a week, every day of the year. There is an option for the caller to choose either English or Spanish. Parent Helpline staff and volunteers have referral information regarding services throughout the state.

WHAT ARE SOME COMMON CALLS?

- Parenting questions
- Development milestones (infant crying, toilet training, tantrums, etc.)
- Kinship
- Bullying
- Referrals to community resources

For more online tip cards, visit kcscl.org under the "Resources" tab.

Parenting questions? Call the Parent Helpline.

1-800-CHILDREN or email/text 1800children@kcscl.org



Kansas Children's Service League

