

SESSION DESCRIPTIONS

KEYNOTES

WEDNESDAY, OCTOBER 23 | 8:15-10 A.M.

K-1 The Role of Trauma in the Chronic Illnesses of Adulthood

Daniel Sumrok, MD, DFASAM, FAAFP, ABPM, ABAM, University of Tennessee Health Science Center

Dr. Daniel Sumrok believes it's not the drugs. It's the ACEs...Adverse Childhood Experiences. Ritualized compulsive comfort-seeking (what traditionalists call addiction) is a normal response to the adversity experienced in childhood, just like bleeding is a normal response to being stabbed. The solution to changing the illegal or unhealthy ritualized compulsive comfort-seeking behavior of addiction is to address a person's ACEs and help them find a ritualized compulsive comfort-seeking behavior that won't kill them or put them in jail. Dr. Sumrok combines the latest science of addiction and applies it to his patients, most of whom are addicted to opioids — but also to alcohol, food, sex, gambling, etc.

THURSDAY, OCTOBER 24 | 8:15-10 A.M.

K-2 Randy & Me: A Prosecutor's Story of his Childhood Sexual Abuse

Kevin Mulcahy, Assistant U.S. Attorney, Detroit, MI

Kevin is a survivor of child sexual abuse. This presentation recounts Kevin's own story of sexual exploitation at the hands of his soccer coach, Randy. But it will not be merely a retelling of the past. Instead, he addresses lessons learned from his case by combining his experience as both a victim and a long-time prosecutor of child exploitation cases. Knowing what he knows now, Kevin believe there are lessons to be learned from his story for the investigator (Kevin's was great), the prosecutor (Kevin's was terrible), and the forensic interviewer (Kevin did not have one). Beyond these (hopefully) useful lessons, the presentation will provide plenty of time for questions from attendees. Given the nature of our work, we don't often get to ask questions (beyond factual questions) of our child victims. This presentation provides that opportunity.

Kevin works as an Assistant U.S. Attorney in Detroit. Throughout his career, he has prosecuted a variety of cases, including offenses involving firearms, drugs, bank robberies, threats, terrorism, and a wide variety of other federal prosecutions. But most of his caseload focuses on child exploitation crimes, including production of child pornography cases, traveler cases and other significant crimes against children prosecutions.

INSTITUTES

TUESDAY, OCTOBER 22 | 9 A.M.-4:30 P.M.

N-1 Family First Prevention Services Act

Hon. Dan Cahill, Wyandotte County; Kathy Armstrong, Assistant General Counsel, Kansas Department for Children & Families

The Family First Prevention Services Act (FFPSA) was signed into law February 9, 2018. FFPSA offers exciting possibilities for communities within the State of Kansas to be responsive, supportive and a part of meeting specific needs of children, teens and families. FFPSA provides a unique opportunity to position Kansas as a leader in child welfare.

N-2 Designer Drugs – Diagnosis and Treatment Under DSM-5

Jean Mash, LSCSW, LCAC

This session focuses on diagnosis and treatment of individuals using designer drugs, specifically K2, bath salts and kratom. A brief overview of procedural changes from DSM-IV to DSM-5 will be presented with a focus on substance use disorders and impact on categorization of the designer drugs. Participants will gain a practical understanding of the developmental history, availability and functional impact of this growing class of illicit substances.

N-3 The 6 R's as a Neurosequential Foundation for Therapy with Children

Rick Gaskill, Ph.D., LCP, RPT-S, LCPC, Sumner Mental Health

Dr. Bruce Perry and Dr. Erin Hambrick defined six core relational elements that promote positive neurodevelopmental experiences. Employing developmentally relevant, repetitive, relational, rhythmic, rewarding and respectful

interventions has greatly improved the effectiveness of therapy interventions. Understanding and applying each of these key elements in a sequential process greatly enhances the impact of the treatment intervention and its effectiveness.

N-4 The POWER of Supporting Women with Opioid Use Disorder & their Children

Kim Bishop-Stevens, MSW, LICSW, Center for Children & Family Futures; Tara Gregory, Ph.D., & Anne Maack, MPA, Wichita State University; Daina Zolck, Kansas Department for Health & Environment

Child health and safety are closely linked to maternal health. This institute takes a deep dive into the powerful opportunity during the pregnancy/postpartum period that can affect two lives positively. We will explore what we know about Kansas women with Opioid Use Disorder (OUD). What are the barriers to treatment? How can we assure services? We'll give you a direct line to available resources so you can do the real work of assuring safe, stable, nurturing environments for both mother and baby.

N-5 Lighting the Fire of Urgency: Introduction to *Family Finding* & Importance of Family Connectedness

Kevin Campbell

This training provides background into the history and values of the Family Finding model. An overview of the six steps, live to discover phase examples and discussion regarding possible challenges and solutions in implementing the *Family Finding* practice will be covered.

N-6 Trust-Based Relational Intervention (TBRI®): Meeting the Needs of Kids from Hard Places

Kay Heikes, LSCSW; Beth Roberts, JD, LMSW

TBRI® is a collection of skills and practices that help children heal from trauma. This workshop details the social, emotional and physical impact of trauma. We explore how to stay calm and see the need behind serious behaviors. Together, we will strategize on how to use TBRI® to meet the needs of kids from hard places.

WORKSHOPS

WEDNESDAY, OCTOBER 23 | 10:30 A.M.-NOON

1-1 You Can't be Healthy without Good Oral Health

Kathy Hunt, RDH, Oral Health Kansas

Healthy teeth are essential for overall health and learning. The good news is that cavities are preventable. Preventing cavities also inhibits other chronic diseases such as obesity and diabetes. This lively session provides information and hands-on activities to help families raise kids who are cavity free... and ready to learn!

1-2 Breastfeeding Makes All the Difference: The Role of the Home Visitor in Supporting Breastfeeding

Brenda Bandy, IBCLC, Kansas Breastfeeding Coalition

Home visitors play a unique role in supporting the breastfeeding family. Come learn more about the wide range of normal for the breastfeeding dyad, how to determine when to be a "cheerleader" for breastfeeding and when to be a "lifeguard" and help a mother with breastfeeding problems.

1-3 Increasing Safety for Victims of Crime through Kansas VINE: Automated Victim Notification

Joan Proctor, LBSW, Office of Attorney General Derek Schmidt

Victims of crime are often unaware when offenders bond out of jail, which often increases the risk of harm. Kansas VINE plays a crucial role in victim safety by providing timely information about the custody status of offenders. In this workshop, participants learn how to utilize Kansas VINE 24/7.

1-4 Moving from Trauma-Informed to Trauma-Led as a Child & Family Service Professional

Serena Hanson, LMSW, Kansas Department for Children & Families

Trauma-led professionals move beyond knowing what trauma is and how it affects development to thinking radically about families and children served. Using information from the National Child Traumatic Stress Network and other resources, participants learn to apply trauma-knowledge actively in casework and personal interactions.

1-5 Analysis of Interventions for Family Violence

Scott Sainato, Ph.D. Washburn University

This workshop will not only be informative but interactive as well. After presenting on current research, attendees will engage one another to discuss this topic and leave with tangible steps to take going forward.

1-6 ACEs & Ethics: Either Help or Do No Harm (Part 1)

Chad Childs, LCMFT, & Teresa Strausz, LMSW, MSOD, Wichita State University; Kristin Peterman, LMSW, Kansas Department for Children & Families

Increasing awareness and responsiveness to Adverse Childhood Experiences (ACEs) can help prevent child maltreatment. Expanding the network of people focusing on ACEs is an exciting opportunity that brings with it challenges related to ethical standards balancing health and privacy. This training provides guidance for facing these challenges, ethically.

1-7 Immigrants & Refugees

Sister Theresa Bangert, Sisters of Charity of Leavenworth

Recently, the evening news showed a child in Mississippi crying deeply as she exclaimed between sobs, "I need my Daddy. He is not a criminal. I need my Daddy." Her father, a poultry plant worker, had just been detained in an ICE raid. This workshop strives to speak to the burdens children carry when their parents are immigrants or refugees. The workshop also clarifies the difference between undocumented status for immigrants and the status of refugees.

1-8 Home Visitor Safety

Glenn Hawks, Shawnee County Sheriff's Office

This workshop discusses the risks involved with visiting families in their homes. Home visitors will learn how to plan for risk factors prior to a visit as well as how to minimize the risks during a visit. The session also discusses ways to deescalate and defuse situations, what to do if a violent or potentially violent situation occurs and how to communicate with law enforcement to minimize risk for all involved.

1-9 Seeds to Sunflowers: Growing a Relationship-Based Agency

Katrina Lowry, MA, & Scott Kedrowski, MS, Russell Child Development Center

Becoming a relationship-based agency or program has challenges unique to group dynamics and group relationships. Using the Facilitating Attuned Interactions (FAN) model as a guide, this session explores what it means to be a relationship-based agency, how to grow personal and agency capacity and how to apply these concepts to relationships with partners outside of your agency.

1-10 Supporting Transition to Home for Families & Infant Affected by Substance Exposure

Lynnea Kaufman, LBSW, Kansas Department for Children & Families; Betsy Knappen, ARPN, Children's Mercy Hospital

This presentation provides participants with information to learn what it is like to be discharged with an infant who has been treated with Neonatal Abstinence Syndrome (NAS), the support needed after discharge and how the Kansas Quality Perinatal Collaboration has been addressing this population. Participants will learn when to refer a pregnant woman/new mother at the time of the birth to DCF to address prenatal substance use and how the federally required plan of safe care (CARA) may be used to provide infants and families with the treatment and services to support the family after discharge.

WEDNESDAY, OCTOBER 23 | 1:30-3 P.M.

2-1 From Data to Action: A Review of Child Fatalities in Kansas

Sara Hortenstine, MS, Office of Attorney General Derek Schmidt

Since 1994, the State Child Death Review Board (SCDRB) of Kansas has worked diligently to review the causes of child deaths in our state. This presentation looks at the data collected as well as recommendations for action to reduce child fatalities.

2-2 Kansas Youth Advisory Council: The Voice of Youth Transitioning from Foster Care into Adulthood

Michelle Reichart, MA, Kansas Department for Children & Families

Who better to explain and help others understand what youth really need when transitioning out of foster care than the youth themselves? Panel members from the Kansas Youth Advisory Council share what they and other youth need to successfully transition to adulthood. In addition, panel members give honest accounts about their experiences with child welfare services in Kansas and share tasks as identified on their work plan.

2-3 Different Motives of those Who Batter & the Different Impacts on their Children

Dorothy Stucky Halley, LMSW, & Lauren Fournier, JD, MSW, Office of Attorney General Derek Schmidt

For too long, domestic violence has been treated as one-size-fits-all with little understanding of the different motives of those who batter. In this workshop, participants explore the different motives of those who batter and learn how the different motives create different experiences and risks for children and families.

2-4 Healthy Helping Relationships

Tracie Lansing, MSW, Healthy Families America

Healthy helping relationships allow us to feel safe and grow stronger. Keeping relationships healthy is a constant challenge. This workshop explores how our adult attachment styles, established during our first years of life, impact our relationships with others as well as our sense of effectiveness.

2-5 Team Decision Making: Keeping Families Involved

Deanne Dinkel, LBSW, Kansas Department for Children & Families; Delina Stewart, LBSW, Kansas Department for Children & Families

The Kansas Department for Children & Families is implementing a new practice approach to keep families involved. A trained facilitator leads Team Decision Making (TDM) meetings that involve families and others to participate actively in agency decisions about where children can safely live. TDM meetings are held “live” before a child’s head changes a pillow.

2-6 ACEs & Ethics: Either Help or Do No Harm (Part 2)

Chad Childs, LCMFT, & Teresa Strausz, LMSW, MSOD, Wichita State University; Kristin Peterman, LMSW, Kansas Department for Children & Families

Increasing awareness and responsiveness to Adverse Childhood Experiences (ACEs) can help prevent child maltreatment. Expanding the network of people focusing on ACEs is an exciting opportunity that brings with it challenges related to ethical standards balancing health and privacy. This training provides guidance for facing these challenges, ethically.

2-7 What Were You Thinking? What Adolescents Tell Us: A Presentation by Forensic Interviewers

Jill Shehi Chapman, BA, DCFI, LifeHouse Child Advocacy Center; Ann Goodall, LBSW, DCFI, Kansas Department for Children & Families

Adults want to know why children don’t tell. This is a presentation from the adolescent perspective about social media in their lives, how technology is used to trick them and how that leads to sexual abuse.

2-8 Real Stories: Drug Endangered Children & the Impact of Substance Abuse on Families

Jennifer Gassmann, LBSW, Kansas Children’s Service League

Addiction is a complicated issue that affects many families. All family members affected by substance abuse face obstacles, stigma and challenges to ensure the safety of the children. This panel features parents who have experienced addiction and recovery as well as family members of people in addiction. Discussion includes the challenges faced in addition to effective supports.

2-9 Our Tomorrows Sensemaking Workshop: Working with Stories to Help Kansas Kids Thrive

Keil Eggers, MA, & Sondra Moore, MA, University of Kansas

Participants will work with stories collected by the Our Tomorrows project to understand bright spots, disruptors to the lives of families, unmet needs and unheard voices in Kansas and take action by asking yourself the question: what can I do tomorrow to create more stories like this?

2-10 Just Because I’m Incarcerated, Doesn't Mean I'm a Bad Mother

Dani Hulings, Topeka Correctional Facility; Dave Ranney

Dani Hulings, director of the Women’s Activity Learning Center at the Topeka Correctional Facility, discusses the center’s efforts to teach parenting skills, encourage family visitation and support healthy family interactions. Many of the inmates aged out of foster care, and now their children are in foster care.

WEDNESDAY, OCTOBER 23 | 3:30-5 P.M.

3-1 Reflective Practices: Our Experience & How We Show Up

Joy Hooper, Ph.D. LCP, Sand Creek Behavioral Health Group, LLC

Reflective practices are central to our work with children and families and ourselves. In order for us to show up as our best selves in our work, it is important for us to take inventory of the behavioral traps, skills and mindset that can lead us to either struggle against or walk alongside one another with compassion. Join me in reflecting and making the mind shift toward healthy outcomes.

3-2 Connecting the Dots: Childhood Abuse & Neglect & Poor Birth Outcomes

Jennifer Miller, DrPH, MA, Kansas Department of Health & Environment

Adverse Childhood Experiences (ACEs) can have long-term health impacts. One impact is poor birth outcomes. Mothers who experience ACEs are more likely to have low birth weight infants, shorter gestations and experience fetal or infant loss more frequently. This workshop discusses infant mortality and its relationship to childhood abuse/neglect

3-3 Youth Suicide Prevention: Why We Must Talk About It & What Can Be Done

Dorothy Stucky Halley, LMSW, & Gina Meier-Hummel, LMSW, Office of Attorney General Derek Schmidt

During this presentation, we will review current trends and steps occurring in Kansas to move forward in hopes that we would eradicate the public health concern that is teenage suicide.

3-4 Icebreaker Conversations: The First Conversation between Birth Parents & Foster Parents

Melinda Kline, LSCSW, Kansas Department for Children & Families

Gone are the days when CPS “saved” children by simply removing them from families in crisis. Today, more is known about the crucial role birth families play in caring for their children in foster care. In this workshop and panel discussion, participants learn how the Department for Children & Families implemented icebreaker conversations as one way to build connections between birth parents and foster parents, provide for continuity of relationships and better meet the needs of the child while in care.

3-5 Bikers Against Child Abuse (BACA)

Larry “Sticks” Freeman, BACA

Bikers Against Child Abuse in your neighborhood, in your community, in your city, in your state, in our country, internationally. Empowering children not to be afraid in the world in which they live.

3-6 Fetal Alcohol Spectrum Disorder: Strategies for Success

Bev Long, Kansas Children’s Service League; Susan Severin, MA, USD 253

Uncover the truth about Fetal Alcohol Spectrum Disorder (FASD) and recognize the often-misunderstood signs and symptoms of FASD. Learn strategies to help individuals with FASD be successful at home, school, work and life.

3-7 When Sexual Play Becomes Problematic: Everything You Need to Know about Children with Problematic Sexual Behavior

Ericka Purcell, LCMFT, Tabitha Winter, LPC, & Sarah Bahns, LCMFT, Child Advocacy Center of Sedgwick County

In light of recent changes to state laws regarding the Department for Children & Families responsibility to refer children with problematic sexual behavior to appropriate services, this presentation provides participants with a deeper understanding of problematic sexual behavior in children. This baseline presentation includes the definition and origins of problematic sexual behavior in children, myths surrounding this behavioral concern and assessment and treatment options for children and families.

3-8 Stress! Stress! Stress!

Chris Thompson

In this presentation, participants learn how stress affects the body and how to identify stress. Using multimedia, personal experiences and humor, I show you how to develop coping skills to survive a stressful world.

3-9 Connecting Families to Services through Coordinated Community Referral Networks

Lindsay Galindo, M.Ed, & Mary Orem, BA, University of Kansas

Community organizations connected through a coordinated referral network are best positioned to support families' diverse and complex needs across the lifespan. This interactive session addresses how technology, tools and community-centered implementation approaches can be utilized to empower organizations to develop family-centered referral networks in their own community.

THURSDAY, OCTOBER 24 | 10:30 A.M.-NOON

4-1 Everyday Mindfulness

Donna Krug, BS, Kansas State Extension Service; John Krug, DC

Let's think about *mindfulness*, a practice that is described as an awareness of the present moment. Evidence suggests that practicing mindfulness can calm you down, relieve stress, improve physical and mental health and help you be less judgmental. The session concludes with a short meditation.

4-2 Kansas Department for Children and Families (DCF) Independent Living Program

Michelle Reichart, MA, Kansas Department for Children & Families

What does Kansas offer to young people who are transitioning out of foster care? How can we serve youth who are moving towards a critical stage in their lives? The DCF Independent Living team will present information about the services and supports available to youth and discuss program outcomes including the National Youth in Transition Database and implementation of the Family First Prevention Services Act.

4-3 Beyond Postpartum: New Perspectives on Perinatal Mental Health

Sarah Post, LCSW, The Village Perinatal Support Network

The impact that postpartum depression and related Perinatal Mood and Anxiety Disorders (PMADs) have on women, families and communities is profound. This workshop provides a greater understanding of the nature of PMADs including symptoms recognition, assessment, effective interventions and the devastating outcomes of untreated PMADs like the effects on child development. This workshop serves to give hope that PMADs are treatable and intervention is successful.

4-4 Mandated Reporter Training

Erica Hunter, LBSW, & Caroline Hastings, LMSW, Kansas Department for Children & Families

Participants walk through the Kansas Department for Children & Families (DCF) intake, investigation and assessment process. Discussion centers on risk and safety assessments as well as case finding decision points. Participants will leave with an enhanced understanding of the DCF decision-making process.

4-5 Survivors of Domestic Violence & Their Children: Assessing & Planning for Safety

Kristina Scott, LMSW, Kansas Coalition Against Sexual & Domestic Violence

This workshop provides information on risk and safety factors for families experiencing domestic violence with a focus on the protective strategies that domestic violence survivors use to keep their children safe as well as what professionals can do to help enhance safety for survivors and their children. Participants receive a copy and learn how the Domestic Violence Manual for Child Welfare Professionals can be used in their work.

4-6 We Once Were Children: Voices of Incarcerated Women

Dave Ranney, moderator

Members of the "Sisters of Survival" creative writing group at the Topeka Correctional Facility share their thoughts on family, childhood, foster care and the glide path to prison.

4-7 So, You're Saying There's A Problem: First-Hand Experiences & Lessons Learned from Therapeutic Interventions with Children with Problematic Sexual Behavior

Ericka Purcell, LCMFT, Tabitha Winter, LPC, & Sarah Bahns, LCMFT, Child Advocacy Center of Sedgwick County

Have you seen or heard about an increase in children with sexual behavior problems? Have you questioned how these children and their families can get the help they need? This presentation provides participants with information on evidenced-based assessment and treatment for school-aged children with problematic sexual behavior. Presenters share

client testimony regarding the success of this treatment program. Discussion and participation is encouraged regarding community needs and how to access appropriate treatment.

4-8 The Kansas Education Advocate Program

Darla Nelson-Metzger, BS, Families Together, Inc.

Children ages 3-21 in the custody of the state, who have unknown or unavailable parents and who are receiving or need special education services, are required to have a legal decision maker appointed to act on their behalf. In Kansas, these persons are known as education advocates. Participants gain an understanding of the qualifications for the appointment of an education advocate, the role and responsibilities of advocates in the special education process and the role of the contracting agency worker in this program. The protections for children in foster care under the Individuals with Disabilities Education Act (IDEA) and the Every Student Succeeds Act (ESSA) will also be reviewed.

4-9 Empowering Caregivers to Practice Safe Sleep: New Data & Techniques

Christy Schunn, LSCSW, KIDS Network

The Kansas Infant Death and SIDS (KIDS) Network will discuss a statewide infrastructure to roll out safe sleep to specific venues including the community, hospitals and outpatient maternal and infant clinics. The KIDS Network Safe Sleep Instructor (SSI) Project is designed to build collective impact to reduce sleep-related infant death. The overarching goal is to reduce infant mortality by increasing infant safe sleep. The project builds a statewide infrastructure to enhance the capacity to share consistent safe infant sleep messages with providers, parents and caregivers.

SCREENINGS & DISCUSSION

THURSDAY, OCTOBER 24 | 12:30-2 P.M. (optional)

M-1 Dawnland (2018)

Dawnland, a feature-length documentary, traces the birth of the Maine Wabanaki-State Child Welfare Truth and Reconciliation Commission (TRC), the first ever such state-sanctioned commission in the nation – and how its work in allowing Maine’s Native people to tell their stories has affected how Maine approaches Native communities. The film gives a voice to those still dealing with the trauma inflicted by policies that ignored Native culture in destroying families and working to find a better, more just way forward.

Dawnland reveals the untold narrative of Indigenous child removal in the United States. The documentary follows the truth and reconciliation commission (TRC) to contemporary Wabanaki communities in Maine to witness intimate, sacred moments of truth-telling and healing.

M-2 Resilience: The Biology of Stress & the Science of Hope (2016)

This one-hour documentary examines the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent toxic stress. Extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior. The screening is followed by a facilitated discussion to enhance understanding of trauma.